



## Irish Stew

Choreographed by Lois Lightfoot

**Description:** 32 count, 4 wall, beginner/intermediate line dance

**Musique:** **Irish Stew** by Sham Rock [The Album / Available on iTunes]  
**Women Rule The World** by Lonestar [Let's Be Us Again]  
**Days Go By** by Keith Urban [132 bpm / Be Here]  
**Sold** by John Michael Montgomery [120 bpm / John Michael Montgomery / Greatest Hits / CD: Country Fun / Available on iTunes]  
**Tell Me Ma** by Sham Rock [144 bpm / CD: Sham Rock - The Album (Achat par téléphone à 1 800 272-7936) / CD: I Love Line Dancing 5 6 7 8 / Available on iTunes]

Start dancing on lyrics

### **SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE**

1& Touch right toe to side, step right together  
 2& Touch left toe to side, step left together  
 3&4 Touch right toe to side, clap, clap  
 5& Touch right heel forward, step right together  
 6& Touch left heel forward, step left together  
 7&8 Touch right heel forward, clap, clap

### **SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½**

1&2 Step right forward, step left together, step right forward  
 3-4 Rock left forward, recover onto right  
 5&6 Step left back, step right together, step left forward  
 7-8 Step right forward, turn ½ left (weight to left)

### **RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE**

1-2 Cross/rock right over left, recover onto left  
 3&4 Step right to side, step left together, step right to side  
 5-6 Cross/rock left over right, recover onto right  
 7&8 Step left to side, step right together, step left to side

### **TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT**

1-2 Touch right toe forward, touch right toe to side  
 3&4 Cross right behind left, step left to side, step right to side  
 5-6 Touch left toe forward, touch left toe to side  
 7&8 Cross left behind right, turn ¼ left and step right to side, step left to side

### **REPEAT**

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