

No Body



Choreographed by **Tina ARGYLE** (UK) - October 2022

Tina Argyle : vineline@hotmail.co.uk

Description : 64 count, 4 wall, Low Intermediate Line Dance

Music : **No body - Blake SHELTON** / Album : No Body - Single , August 2022

Introduction : 16 counts

KICK & CROSS, KICK & CROSS, SIDE ROCK RECOVER, BEHIND SIDE CROSS

1&2 Kick right to right diagonal, step down right cross left over
3&4 Kick right to right diagonal, step down right cross left over
5.6 Rock right side, recover
7&8 Cross right behind, step left to let side, cross right over

& CROSS WITH DIP, SIDE BEHIND 1/4 TURN, TURN 1/2 PIVOT TURN, FULL TURN (OR WALK, WALK)

&1 Step left side, cross right over bending knees
2.3.4 Straighten legs stepping left to left side, cross right behind, turn $\frac{1}{4}$ left and step left forward (9:00)
5.6 Step right forward make $\frac{1}{2}$ turn left to left (3:00)
7.8 Turn $\frac{1}{2}$ left and step right back, turn $\frac{1}{2}$ left and step left forward (or step right forward, step left forward) (3:00)

RESTART : after count 16 on wall 5

ROCK RECOVER 3/4 TRIPLE TURN, ROCK RECOVER 1/2 SHUFFLE TURN

1.2 Rock forward right recover to left
3&4 Make $\frac{3}{4}$ turn right stepping right, left, right (12:00)
5.6 Rock forward left recover to right
7&8 Turn $\frac{1}{2}$ left and step left forward, close right at side of left, step left forward (6:00)

SIDE ROCK RECOVER & SIDE ROCK RECOVER, JAZZ BOX 1/4 TURN, SLIDE TOGETHER

1.2 Rock right side, recover to left
&3.4 Step right at side of left, rock left side, recover to right
5.6 Cross left over, turn $\frac{1}{4}$ left and step right back (3:00)
7.8 Step long step left side, drag and step right at side of left

TAG & RESTART : After count 32 on wall 3

1.2 Step long step right side, drag and touch left at side of right
3.4 Step long step left side, drag and touch right at side of left

CROSS HOLD & BEHIND HOLD & JAZZ BOX CROSS

1.2 Cross left over, hold
&3.4 Step right side, cross left behind, hold
&5.6 Step right side, cross left over, step right back
7.8 Step left side, cross right over

RESTART : On wall 1, change count 8 to touch right side and restart the dance at the beginning

LEFT SIDE TOGETHER SHUFFLE FORWARD RIGHT SIDE TOGETHER SHUFFLE FORWARD

1.2 Step left side, close right at side of left
3&4 Step left forward close right at side of left step left forward
5.6 Step right side, close left at side of right
7&8 Step right forward close left at side of right step right forward

STEP TOUCH SHUFFLE BACK, TURN 1/2 SHUFFLE TURN, 1/4 CHASSE

1.2 Step left forward touch right behind
3&4 Step right back, close left at side of right, step right back
5&6 Make $\frac{1}{2}$ shuffle turn left stepping left, right, left (9:00)
7&8 Turn $\frac{1}{4}$ left and step right side, close left at side of right, step right side (6:00)

LEFT SAILOR STEP, RIGHT SAILOR STEP, TOUCH 1/4 TURN, RIGHT ROCK BACK RECOVER

1&2 Cross left behind, rock right side, recover to left
3&4 Cross right behind, rock left side, recover to right
5.6 Touch left toe back, turn $\frac{1}{4}$ left to left (3:00)
7.8 Rock back right, recover to left Repeat

ENDING : Take the cross weave to 12:00 crossing right over, step left side