

Rebel Strut

(a.k.a. Sixteen Step, Wrangler Polka, Rebel Stomp)
Choreographed by Cindy Hall & Candy B

Description: 24 count, partner dance

Musique: Dance by Twister Alley [140 bpm / Twister Alley / CD: Line Dance

Fever 3]

Down In The Valley by Little Texas [140 bpm / First Time For

Everything]

Orange Blossom Special by Mark O'Connor [184 bpm / The New

Nashville Cats]

Position: Promenade position. Both facing line of dance; lady standing on the man's right side; each will

have heels together; his left hand will hold her left hand either in front of his left shoulder, in front of and slightly higher than his waist, or in front of the lady's left shoulder; his right arm will reach behind the lady and hold her right hand in his right hand slightly to the right of her right shoulder.

Can be done as an individual without the arm movements (leave hands on hips).

Start dancing on lyrics

1-4 Kick right forward, cross/kick right over, kick right forward, step right together

5-8 Touch left heel forward, step left together, touch right back, step

right together

9-12 Touch left heel forward, step left together, stomp right together,

stomp right together (weight to left)

13-14 Step right forward (drop right hands), turn ½ left (weight to left)

15-16 Step right forward, turn ½ left (weight to left) (rejoin right hands)

CHA-CHA STEPS FORWARD

17-18	Chassé	forward	right-left-right
19-20	Chassé	forward	left-right-left
21-22	Chassé	forward	right-left-right
23-24	Chassé	forward	left-right-left

REPEAT

OPTION 1

On Counts 17-24 man holds lady's right hand and turns her to the right. She turns using same cha-cha style step. Since the steps remain the same, these directions are only for other body movements.

17-18	Man leads	ladv's	right a	arm s	sliahtly	forward.

- 19-20 Man leads lady's right arm backward, her left arm forward, and both their upper bodies twist slightly to the right
- 21-22 Man leads the lady into a full turn to the right using their right
- Both partners can do the last set of cha-cha steps forward, re-grasping the left hands and resuming the promenade position, or if necessary, the lady can still be finishing her turn

OPTION 2

Lady moves from right to left in front of the man on the first two cha-cha sets (without turning) and can do the dance on his left side as a variation. When the lady has performed Option 2, she returns using two cha-cha steps to the right and can continue the dance in the normal promenade position.

OPTION 3

Substitute a right heel touch for Counts 1 and 3.

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