

We're Not Breakin'

Choreographed by Pat & Ray Cartwright

Description: 32 count, beginner partner/circle dance

Musique: **I'm Not Breaking** by Steve Holy

Cool To Be A Fool by Joe Nichols [114 bpm / Man With A Memory / Available on iTunes]

We've Got To Keep On Meeting Like This by Paul Overstreet [104 bpm / Time]

Position: Right Side by Side position. Same footwork for both
Start dancing on lyrics

CROSS ROCK, RIGHT SHUFFLE BACK, ROCK STEPS, LEFT SHUFFLE FORWARD

1-2 Cross rock right over left, recover on left
3&4 Right shuffle back (right-left-right)
5-6 Rock back on left, recover on right
7&8 Left shuffle forward (left-right-left)

WALK WALK, RIGHT SHUFFLE, WALK WALK, LEFT SHUFFLE

9-10 Step forward right, step forward left
11&12 Right shuffle forward (right-left-right)
13-14 Step forward left, step forward right
15&16 Left shuffle forward (left-right-left)

MAN: ROCK STEPS, SHUFFLE BACK, ROCK STEPS, SHUFFLE FORWARD / LADY: STEP ½ PIVOT TURN LEFT, SHUFFLE FORWARD, STEP ½ PIVOT TURN RIGHT, SHUFFLE FORWARD

17-18 **MAN:** Rock forward on right, rock back on left
LADY: Step forward on right, pivot ½ turn left stepping forward on left (RLOD)

Releasing left hands, man takes right hand over lady's head ending with right palm to palm at shoulder height

19&20 **MAN:** Right shuffle back (right-left-right)
LADY: Right shuffle forward (right-left-right)

21-22 **MAN:** Rock back on left, rock forward on right
LADY: Step forward on left, pivot ½ turn right stepping forward on right (LOD)

As lady turns man takes right hand over lady's head resuming right side by side position

23&24 **BOTH:** Left shuffle forward (left-right-left)

STEP LOCK, STEP LOCK STEP, WALK WALK (LADY FULL TURN LEFT), LEFT SHUFFLE

25-26 Step right diagonally forward right, lock left behind right
27&28 Step right diagonally forward right, lock left behind right, step right diagonally forward right

29-30 **MAN:** Step forward left, step forward right
LADY: Full turn left stepping left, then right

As lady turns releases left hands, lady turning under right

31&32 Left shuffle forward (left-right-left)

Resume Right Side By Side Position

REPEAT

Pat Cartwright

Adresse: 184 Calmore Road, Southampton, UK SO40 2RA | Téléphone: 44-2380-428919

Ray Cartwright | Courriel: patandray@sidewinders-online.co.uk | Website:
<http://sidewinders-online.co.uk>

Adresse: 184 Calmore Road, Southampton, UK SO40 2RA | Téléphone: 44-2380-661015